

Prayer for releasing trauma from the Spirit, Soul, and Body

Lord Jesus, I ask that You come as the Prince of Peace and bring these people Your Peace. Come and establish Your dominion of peace in them and allow them to feel the depths of Your love. I rebuke any forces of darkness that keep you locked in a prison of trauma.

I decree that you do not have a spirit of fear, but of love, power and a sound mind.

As I pray, I ask that You take from these people all the pain, trauma, shock, fear, terror and shame from the experience of rejection, abuse, abandonment, neglect, divorce, hatred by others harsh teasing, and any other trauma. I ask you to bring it all to Your cross. You suffered and died for me and I claim for these here all that You accomplished for them.

Pour in them Your love and grace and by the power of the Holy Spirit remove any traumatic memory that has been stored in the cells of their body and restore these cells to perfect order.

Holy Spirit I ask that you move over every strand of DNA and restore all to perfection and remove anything that is not of You.

Heavenly Father, I ask that You remove any trauma any here experienced in the womb, absorbed from the womb, or passed down through the generations. I ask that You heal all DNA and remove all shock, trauma, fear, terror and shame that has come through the generations. We forgive those in my generations who traumatized others, or manipulated, dominated or controlled through fear and torment. Release Your precious blood and heal all unresolved grief and pain.

Father God, I ask You to bring Your healing and remove any shock , trauma, fear or terror that was experienced in the birthing process or in the moments following and allow us to fully embrace the life that You have given us.

I declare that you are blessed with newness of life. Your heavenly Father has a purpose for You and a plan to give you a future and a hope and to prosper you in every way.

I ask You to come into our conscious memory, unconscious memory and subconscious memory and remove all shock, trauma, fear, shame, and the pain that has caused so much torment as a result of the experience of rejection, abuse, abandonment, neglect, divorce, hatred by others harsh teasing, and any other trauma.

Oh Lord, for each of these here, heal their Amygdala, Thalamus, Hippocampus and all other parts of their brain, and remove all shock, trauma, fear, terror and shame from their emotions. I ask that you bring healing to the “fear center” of the brain. Turn off the alarms that have been ringing for so long, and replace the fear, dread and hyper vigilance with godly discernment. Bring peace and rest to those parts of the brain and heart that have always had to stand guard and be alert. I ask You to remove any pervasive low-level anxiety. Lord, heal each immune system and remove all toxins that remain from any chemicals or hormones that have poured through these bodies in the place over the years.

Father God, I ask You to remove all trauma from the experience of rejection, abuse, abandonment, neglect, divorce, hatred by others harsh teasing, and any other trauma from their eyes and ears. Wash over any images “seared” upon their souls, with the blood of Jesus Christ. Remove the trauma from any words spoken and remove any dis-harmony, dis-ease, or dis-order that these words or images have caused. Sing Your song of love over each here and bring everything within them into agreement with Your song and original design. In the name of Jesus

I ask Lord Jesus, that You remove all shock, trauma, fear, terror and shame from each person’s muscles, ligaments, tendons, bones and bone marrow. Bring your healing power to every area where their spirits have been crushed or broken, and restore health, vitality and vigor. Make their bones and connective tissues strong.

I ask that You remove all shock, trauma, fear and terror from the experience of rejection, abuse, abandonment, neglect, divorce, hatred by others harsh teasing, and any other trauma from the organs of their body. (Brain, heart, lungs, liver, kidneys, urinary tract, reproductive organs, connective tissue, skin, stomach, colon)

Lord, I ask that You sever all fear bonds, trauma bonds, and all unhealthy and unholy soul ties that have been created as a result of the trauma of rejection, abuse, abandonment, neglect, divorce, hatred by others harsh teasing, and any other trauma.

I break every assignment of trauma against you now and bind and send away every demonic monitoring spirit and guard assigned to you. I declare over you love, power and soundness of mind that God has promised.

Lord, bring to death any and all “old ways” of responding and reacting to shock, trauma, pressure, fear and terror. Dismantle all ungodly structures of defense and establish new neurological pathways and connections in the brains of each person here. Rebuild within them new godly structures of defense based on Scripture, trust in You, and a true understanding of spiritual authority.

- Fill every cell within each person with Your peace and healing grace. Replace any darkness with Your light. Keep them in Your perfect peace, especially in the night seasons and bring them rest. Send heavenly hosts to guard each here as they sleep and quiet them with Your love.

I pray all of this in Jesus name. Amen